



## SPA@BUNDOX

### *Price List*



#### **DESTRESS BACK, NECK AND SHOULDER MASSAGE**

30 min R480 / 45 min R600

Enjoy a destressing massage that focuses on tension in the shoulders, lower back and neck to give you a full sense of release

#### **TRADITIONAL SWEDISH MASSAGE**

60 min R840 / 90 min R960

Focused on the entire body with essential oils and massage techniques to leave you relaxed and balanced

#### **DEEP TISSUE MASSAGE**

60min R900 / 90 min R1 080

Relieve deep muscle tension and promote relaxation with a full body signature massage. A deep releasing massage focused on pressure points and aching muscles

#### **ESSENTIAL AROMA MASSAGE**

60 min R840 / 90 min R960

Choose your perfect combination of Healing Earth Pinotage oils to suit your massage experience Choose from: Pinotage Relaxing Oil, Pinotage Detox Oil, Pinotage Hydrating Oil or Pinotage Uplifting Oil

#### **BUSH PEDICURE**

40 min R350

Spoil your feet with a treatment of the heels and nails (male/female)

#### **HOT STONE MASSAGE**

60 min R960 / 90 min R1 140

The weight and radiant heat of the volcanic stones combined with calming essential oils, penetrate muscle tissue inducing deep relaxation

#### **AFRICAN HEAD MASSAGE**

30 min R540

Indulge in a calming head massage that focuses on pressure points surrounding the scalp, neck and face

#### **HAND AND FOOTPRINT CEREMONY**

30 min R540

The ultimate hand and foot ritual with Healing Earths Essential Oils and Body Polishes

#### **HEALING EARTH FACIAL**

40 min R500

Refresh your skin with a revitalizing facial treatment that will protect and heal

#### **BUSH MANICURE**

40 min R300

Spoil yourself to manicured hands with a colour of your choice (male/female)

#### **WELLNESS ETIQUETTE**

- Please arrive 5 minutes early to allow yourself time for a consultation and to check in and change. 12-hour advance notice is required for cancellation, after which 25 of the treatment cost will be charged. We will however assist in rescheduling your treatment times wherever possible. In the case of late arrivals, treatment duration will be reduced accordingly.
- Please be sure to inform your therapist of any known allergies or current illnesses that you may have.
- Please note that making use of the Spa facility is done so at own risk.